



# Quality Respite Starts with Training

## Family Caregivers Deserve Respite They Can Trust



Respite care gives family caregivers time to rest, recharge and maintain their ability to care for loved ones. But it only works when providers are properly prepared.

The free **National Respite Care Provider Training (NRCPT)** equips providers with the skills to support children and adults across the lifespan and disability spectrum, helping communities expand access to trained respite care for families.

### WHY THE NRCPT MATTERS FOR FAMILIES

#### More Prepared, Reliable Providers

The NRCPT helps ensure providers understand safety, communication and person-centered care before supporting families.

#### Support for Diverse Needs

Training prepares providers to care for individuals of all ages, abilities and backgrounds.

#### Greater Confidence for Caregivers & Communities

Knowing providers are trained—and that states are adopting the NRCPT—helps families feel more comfortable while expanding access to trusted respite care.

### HOW THE NRCPT HELPS FAMILIES

- Encourages consistent training for respite providers
- Promotes respectful, person-centered care
- Strengthens the quality of respite services in communities

- Expands the pool of trained providers available to families
- Supports better connections between caregivers and respite providers
- Family caregivers and other loved ones can take the training too!

*Respite care should bring peace of mind, not uncertainty.*

### ADDITIONAL RESOURCES FOR FAMILIES

- **Respite 101 for Family Caregivers:** An Introduction to Respite
- **How to Hire, Train, and Retain Respite Workers:**
  - ▶ *Hiring & Circles of Care*
  - ▶ *Interview Questions*
  - ▶ *Interview Situations*
  - ▶ *Getting To Know*
  - ▶ *Training A Respite Provider*

[respitecarewi.org/training-courses/kit-for-caregivers](http://respitecarewi.org/training-courses/kit-for-caregivers)



### HELP BRING THE NRCPT TO YOUR STATE

Respite Providers play an important role in strengthening respite services. By raising awareness about NRCPT, you can help expand access to trained providers for families like yours.

- Share information about NRCPT with your local respite programs, County or ADRC.
- Encourage States to adopt the NRCPT to expand the pool of trained respite care providers in your area.

For more information about the NRCPT, email [info@respitecarewi.org](mailto:info@respitecarewi.org) or scan the QR code to visit [respitecarewi.org/training-courses/respite-care-certificate-program](http://respitecarewi.org/training-courses/respite-care-certificate-program)



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